

Psychology & Counselling

Counselling

Bennett Counselling Services

Lisa Bennet, M.A.

Adults, Adolescents, Couples, Families: Counselling and Psychotherapy

Counselling Services: Anxiety & Panic Attacks, Phobias, Depression, PTS, Addictions/ Substance Abuse, Separation/ Divorce, Relationship Issues, Domestic Violence, Conflict Resolution, Parenting/ Step-Parenting, Trauma/ Sexual Abuse, Grief & Loss, Chronic Pain, Stress Management, Anger Management.

Warden and Hwy 7, Woodbine and Steeles

Tel: 416-720-8586

www.bennettcounselling.com

Sharon Gernon

Cognitive Therapy, Divorce & Break up care, Anxiety, Stress and Depression Recovery, Life coaching, Spiritual counseling, Childhood Issue Resolutions. Individual, Couple and Group Counseling available

Tel: 905-470-9994

Living Water Counselling Centre

Individual, marriage and family counselling, parenting education, and training in professional counselling. (offered in Chinese)

165 East Beaver Creek, Thornhill

905-763-0818

Markham Family Centre

Tel: 905-415-9719

Park Bench Counselling Services

Individual, Family, Marital Therapy, Anxiety, Depression, Stress Disorders, Grief, Post Traumatic Care, Learning and School related concerns, ADD support, Alcohol and Substance Abuse, Behaviour and Anger Management

Address: 408-A, 4040 Finch Ave East, Scarborough

T 416-321-5851

F 416-321-0448

info@help4parents.ca

www.parkbenchcounselling.ca

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Psychologists

Dr Lisa Berger

179 Eagle Street, Newmarket

T 905-836-4555

www.drlisaberger.com

Dr. Eyal Bodenstein
1600 Steeles Ave. West (@ Dufferin), Unit 22A
T 905-738-7212
F 905-738-2401

Boomerang Health (Paediatric Patients only - Run by Sick Kids)
Psychology and Social Work
9401 Jane Street, Suite 211, Vaughan, ON, L6A 4H7
Tel: 905-553-3155
www.boomeranghealth.com

Campbell Psychology
Doug Campbell (Depression/ ADHD/ Anxiety + related disorders/ Stress management/ Sleep disorders/ Male Sexual disfunction/ Relationship)
T 647-829-8828
Wendy Campbell (Depression/Anxiety/ Stress/ Post partum depression/ Grief & Loss/ Adoloscents)
T 416-834-4888
227 Main St, Markham Rd. North, Station Plaza, Suite 205, L3P 1Y9

Centre for Cognitive Behaviour Therapy
95 Bayly Street West, Suite 405, Ajax
Tel: 905-427-2007

The Clinical Psychology Centre
Dr. Silvia Bernardini (Child/Adolescent)
606-300 John Street, Thornhill
Tel: 905-709-1862

Dr Karen Ghelani
Chrysalis Centre - Liberty Square, Suite 408, 3621 Highway 7 East, Markham, ON, L3R 0G6
T 905-752-6789 x 101, F 905-752-1705
www.chrysalispsychologists.ca
(Also Autism Spectrum Disorder)

Dr. Christine Hansen
Marriage/Couple Counselling, Assessment & Counselling, Individual Counselling and Coaching
905-472-5842
www.markhampsiychologicalservices.com

Dr. Billy Mangos
Consultation, Assessment and CBT (Cognitive Behavioural Therapy) for depression, anxiety, posttraumatic stress syndromes, panic, self-esteem, interpersonal/ relational issues
The Court @ Rouge Valley Centenary Hospital
2863 Ellesmere Road, Suite 302, Scarborough
T 416-913-4629, F 416-281-0026

Markham Psychologists
(English, Cantonese, Telugu, Portuguese, Punjabi, Hindi, Urdu, American Sign Language)

Individual/ Family/ Couples Therapy, Depression, Anxiety, Eating/Learning Disorders,
Relationship/Separation/Divorce, ADHD, Aspergers, Parenting, Stress/Bereavement, MVA/WSIB,
Chronic Pain/ Traumatic Brain Injury, Dementia/ Memory, Vocational Issues
9889 Markham Road, Suite 211 (South of Major Mackenzie Dr)
905-472-9658
www.markhampsiychologists.ca

Dr Don Maxwell
2937 Bayview Ave, Toronto
T 416-222-0804
F 416-222-0913
www.apcentre.com

Heather McLean and Associates/ Dr. Reixach, Dr. Saleem
Individual, Couples, Child, Adolescent, and Family Counselling, Giftedness Assessments,
Psychoeducational Assessments, Depression, Anxiety, Grief and Loss, Infertility, Trauma, Stress
Management. Fluency in English, Cantonese, Urdu, Hindi, Punjabi and Bengali
110 Copper Creek Drive, PH2, Markham
905-472-6622
www.mcleanpsych.com

Libery Square Psychology Clinic
Neuropsychological assessments, psychological assessments, consultations and treatments for
mood, anxiety and adjustent disorders.
Suite 510, 3601 Highway 7 East, Markham
Tel: 905-258-0800

Oshawa Psychological & Counselling Services
www.oshawapsychologist.com
Address: 2nd Floor East Wing, Oshawa Clinic, 117 King Street East, Oshawa
T 905-721-7723
clinic@oshawapsychologist.com

Richmond Hill Psychologists
Dr. Sarah Talebizadeh
T 416-457-9199
30 Via Renzo Drive, Suite 200
Richmond Hill
www.richmondhillpsychologists.ca

Dr. Patricia Steckley
50 Sheppard Ave. West, Suite 103, North York
Tel: 647-931-1542

Woodbine Psychological & Counselling Services
Psychological assessment, Counselling/Psychotherapy, Adult/Child Clinical Psychology,
Neuro/Rehab/School Psychology, Art & Play therapy, Couple/Family, Sex therapy
English, Chinese, French, Farsi
2nd Floor, Suite 201
7155 Woodbine Ave, Markham

T 416-628-6039
F 905-628-6042
www.woodbinepsychologist.com

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information subject to change